

H3x

MATRIX



Simple LED Console Display

Easy-to-navigate LED console clearly displays vital workout information



Command Seating

Innovative command seating position ensures a convenient and comfortable workout



Pivoting Arm Rest

Movable arm rest provides maximum comfort



FEATURES

Contact & telemetric HR sensors	Yes
Handlebar design	Front vertical ergo bend
Integrated arm rests	Yes
Thumb switch controls	Yes

DRIVE SYSTEM

Technology	JID brushless generator
Power requirements	Self-powered
Minimum watts	13
Minimum RPM	20
Resistance levels	25

CONSOLE

Display type	LED
Display feedback	Time, speed, distance, calories, watts, level, heart rate, RPM, profile
User-defined multi-language display	No
Workouts	Manual, rolling, intervals, fat burn, random, fit test, target HR, constant watts
CSAFE, FitLinxx™ Professional Certified	Yes
On-the-fly program change	Yes
FitTouch™ Technology	No
Integrated Vista Clear™ digital ready television	No
Virtual Active compatible	No
Asset Management System wireless data transmitter	No
iPod® compatible	No
Compatible with Nike + iPod for the Gym	No
Personal fan	No

TECH SPECS

Overall dimensions	58"L X 29"W x 55"H
Crank design	Single piece
Maximum user weight	400lbs
Weight	171lbs
Shipping weight	194lbs

WARRANTY

Frame	7 years
Drive motor	5 years
Parts & labor	3 years CAP

